



Important: This degree plan is effective for those starting this degree program in the fall of 2025 through the summer of 2026. This plan will remain in effect for students who do not break enrollment or who do not change degree programs.

**General Education**

**Foundational Skills Requirements (33 hours)**

Course	Hrs	Sem	Grade
ORI 100 Orientation		___	___
PSY 100 General Psychology	3	___	___
MATH 131 Algebra Foundations	3	___	___
ENG 101 Composition and Rhetoric	3	___	___
COMP 101 Introduction to Computers	3	___	___
ENG 201 American Literature	3	___	___
MUS 201 Music for Stress Reduction	3	___	___
HIS 201 U.S. History	3	___	___
SOC 101 Introduction to Sociology	3	___	___
PF 101 Personal Finance	3	___	___
COM 201 Public Speaking	3	___	___
HEA 201 Basis Nutrition	3	___	___

**Career Readiness Studies (10 hours)**

Course	Hrs	Sem	Grade
LEAD 101 Leadership for the Workplace	3	___	___
WOSK 101 Workplace Skills	3	___	___
HUM 101 Professional Engagement Practices	3	___	___
PSS 199 Peer Support Specialist Capstone	1	___	___

**Behavioral Health Professional Studies (40 hours)**

Course	Hrs	Sem	Grade
COU 102 Introduction to Counseling	3	___	___
COU 103 Introduction to Group Counseling	3	___	___
HUS 105 Survey of Human Services	3	___	___
ETH 106 Professional Ethics	3	___	___
GOV 107 Public and Community Health	3	___	___
COU 109 Families and Addictions	3	___	___
ARS 210 ARS Capstone	1	___	___
HUS 201 Counseling Skills and Techniques	3	___	___
HUS 202 Lifespan Development	3	___	___
HUS 303 Trauma Informed Care	3	___	___
HUS 304 Psychopathology	3	___	___
HUS 401 Crisis Counseling	3	___	___
HUS 402 Psychopharmacology	3	___	___
HUS 403 Behavioral Health Service Learning	3	___	___



**Biblical Studies (16 hours)**

Course	Hrs	Sem	Grade
REL 101 Intro to Biblical Ethics	3	_____	_____
BIB 102 History of the Bible	3	_____	_____
REL 103 Christian Worldview and Thought	3	_____	_____
BIB 104 Survey of the Old Testament	3	_____	_____
BIB 105 Survey of the New Testament	3	_____	_____
BIB 210 Christian Studies Capstone	1	_____	_____

**Elective (6 hours)**

\* Student will choose two courses

Course	Hrs	Sem	Grade
HUS 301 Technology and Digital Tools in Behavioral Health	3	_____	_____
HUS 302 Process Addictions	3	_____	_____
SUB 401 Cost Containment Principles for Case Management	3	_____	_____
HUS 404 Successful Psychoeducational Strategies	3	_____	_____

**Emphasis Specification (15 hours)**

Course	Hrs	Sem	Grade
SUB 101 Recovery Principles	3	_____	_____
COU 104 Clinical Services Management	3	_____	_____
COU 202 Motivational Interviewing	3	_____	_____
SUB 303 Continuing Care and Relapse Prevention	3	_____	_____
COU 404 Case Management Practicum	3	_____	_____

Graduation Requirements

Notes